

# Exhibit B

# PROGRESS NOTES

Date/ Time	Discipline Abbreviation	Remarks Subjective, Objective, Assessment, Plan
11/15/10 1450	NSG	mate refused flu vaccine, de #62 completed and signed. Dennis McElroy M/ Denise McElroy M/
12/1/10 0950	PMR	<p>solo pain @ hand 3rd finger pain Denies any numbness No tingling. No hope he doesn't have cancer. No other dx.</p> <p>Of NO PROM @ 3rd finger mild edema so erythema</p> <p>At @ hand 3rd finger? tenderness</p> <p>Patient Hummus only or red turn of food, Of, curenaedwps</p> <p>Jamie Collins PA-C</p>
3/9/11 1045	CMUP	<p>S: here request my "more cream for my butt &amp; an x ray of my @ ankle"</p> <p>O: eczematous area to dorsal surface @ ankle 5 edema, full PROM to area. Pedal pulses palp.</p> <p>A: ? ankle edema - not ID'd on exam</p> <p>P: Discuss ankle exercises, return pm. W</p> <p>Michele Swannart - CMUP</p>

Progress Notes  
Commonwealth of Pennsylvania  
Department of Corrections  
DC-472

Revised 3/2007

Name: Matthew, Chaka

Number: FA 4298

DOB: 5-7-70

Facility: 5045MR.

## PHYSICIAN'S ORDER FORM

Physician Name: MATTHEW, CHAKA

Physician Number: FA4298

DOB: 5-7-70

Physician Signature: [Signature]

Drug Allergies: NKDA

Self-Medication Program ☐ Yes ☐ NoDate/  
Military  
TimeDO NOT USE THIS SHEET  
UNLESS A RED NUMBER SHOWSMotrin 400 mg po tid prn pain to Ford till  
9/29/10 # 21 given12-10-10  
12:40[Signature]  
J. Collins PA-CPrakash P. Ghosh, MD, FACEP  
Medical Director

3-10-11

Aspirin 81 mg po daily until 10-10-11  
1130 simvastatin po qhs 20mg

Notes 3-10-11 1230

[Signature]

L. Niessner, LPN

[Signature]  
Jeremy R. Hunt, CRNP~~CONFIDENTIAL~~

PLEASE USE BALL POINT PEN ONLY

## CONSULTATION RECORD

<b>Part A: Completed by referring facility</b>		Type of Consult: (Circle) <u>Initial</u> Follow-up <u>On-Site</u> Off-Site Telemedicine	
Referred to: <u>PT</u>		If Off-Site: (Circle) OV OS XR DI	
Last PPD: Date: <u>6-1-10</u> Result: <input checked="" type="checkbox"/> Negative <input type="checkbox"/> Positive mm: _____		Drug Sensitivity: <u>NILDA</u>	
Relevant health information attached: (Circle) Yes <u>No</u>		<input type="checkbox"/> Must schedule consult no later than: _____ <input type="checkbox"/> Routine	
History of Present Illness/Injury/Physical Findings: <u>41yo male ECL (L) ankle/ft pain X 2 months. No apparent injury. Xray showing soft tissue swelling, no fx +/- dislocation. Continues to ↓ use to area, "so it doesn't get worse". Needs ROM / exercises to ↑ mobility.</u>			
Treatment to Date/Current Medications and Significant Medication History: <u>NSAIDS, Septtra DS</u>			
		Signature of Referring Physician: <u>Michele Swannhart - CRNP</u> Date: <u>4/27/11</u>	
UR Decision: Site Medical Director (Check) <input type="checkbox"/> Approval <input type="checkbox"/> Alternate Treatment Plan (ATP) <input checked="" type="checkbox"/> Reviewed & Forwarded		Signature/Date: <u>[Signature]</u> <u>4/28/11</u>	
UR Decision: Regional Medical Director (Check) <input type="checkbox"/> More Information <input type="checkbox"/> Approval <input type="checkbox"/> ATP <input type="checkbox"/> Reviewed & Forwarded		Signature/Date: _____	
UR Decision: State Medical Director (Check) <input type="checkbox"/> More Information <input type="checkbox"/> Approval <input type="checkbox"/> ATP		Signature/Date: _____	
<b>Part B: (Check) <input type="checkbox"/> Findings &amp; recommendations are to be completed by Consultant and returned with officer to the facility</b>			
<u>41yo M. (L) posterior heel pain starting about 7 weeks ago due to no known injury. Pt shows swelling + tenderness to the distal Achilles tendon. Pt notes buying new sneakers about 2 months ago. May have caused rubbing on tendon. Pain 0 to 4/10. Rx = MH + TRUS suggest heel lift to raise heel + ↓ pressure on tendon.</u>			
Signature of Site/Regional/State Medical Director: <u>[Signature]</u>		Signature of Consultant: <u>B.D. Mason PT</u>	
Date/Time: <u>5/16/11</u>		Date/Time: <u>5-13-11 14:06</u>	

Commonwealth of Pennsylvania  
Department of Corrections  
Consultation RecordDC-444  
DATE: 6-21-02  
MIN DATE: 10-20-06  
MAX DATE: 10-20-11  
Revised 1/2011

Inmate Name:

Matthew Chaka

Inmate Number:

FA 4298

DOB:

5-7-70

Facility:

SMR

WHITE: Medical Record

CANARY: Consultant

PINK: Medical Record (Pending)

Inmate Name:

Inmate Number:

Date/ Time	Discipline Abbreviation	Remarks Subjective, Objective, Assessment, Plan
5/11/11 1430	CRNP	S/O: Discuss with MD for L/rt pain A: ? inflammatory process P: short course steroids & recheck 2 wks. On line Wed to discuss.
5/11/11 0945	CRNP	S: here to discuss L/rt pain O: NAD A: persistent L/rt pain P: steroids x 28 days, recheck 3 wks.  Michele Swanhart - CRNP
5/13/11 1440	PT	See DC 4/14/11 P.T. eval @ Achilles Tendon R.D. Mason, PT  Dr. John R. Benner 5/16/11 Medical Director 0745
5/24/11 1444	PT	Pain is felt to the anterior Achilles tendon below the heel tendon insertion. Pain level is at 3-4/10 Rx of 45 10 mg 3 times 1.2 wks. R.D. Mason, PT P. walk c' long.

# PROGRESS NOTES

Date/ Time	Discipline Abbreviation	Remarks Subjective, Objective, Assessment, Plan
6-11-11 1008	PT	<p>               S: R/L Lt ankle pain, severe PT.                help some. Still hurts &amp; walking                of tender achilles area &amp; exam                Rom good &amp; repetitive exam                walks in hall &amp; long                M. Bernstein Lt heel                P: Fracture proximal - long PT. RW 3.5K             </p> <p>               Paul Dascant, MD                6-11-11                1400             </p> <p>               Ellis Kaufman PA-C             </p>
6-14-11 1432	PT	<p>               PT continues to do heel pain &amp; walking. A                brace been using as to heel insertion facilities to                calcaneus. Some swelling is noted &amp; was painful                c/palpation.             </p> <p>               D. Mason, PT                Dr. John R. Benner                Medical Director             </p>
6-13-11 1330	CRNP	<p>               S: herefort manual physical                O: See DC440                A: Normal physical exam                P: DC440 completed.             </p> <p>               Michelle Swanhart - CRNP             </p>

Progress Notes  
 Commonwealth of Pennsylvania  
 Department of Corrections  
 DC-472

Revised 3/2007

Name:

Matthew Chacka

Number:

PA 4298

DOB:

5-07-70

Facility:

Smc



Inmate Name:

Inmate Number:

Date/ Time	Discipline Abbreviation	Remarks Subjective, Objective, Assessment, Plan
6/20/11	CRNP	S" here for @ heel re✓
0830		O: @ heel c slight edema at Achilles.
		No erythema & or warmth to touch
		A: ? Achilles pain
		P: Continue c PT, change shoes. (He was
		seen on walk p visit amb at brisk pace,
		w no acute distress)
		Michele Swanhart - CRNP
6-21-11	P.T.	P/K continues c @ heel pain at achille tendon
17:11		insertion at calcaneus. P/K still walks c slight
		limp. No swelling. Progress is slow.
		appears to be functional. R.D. Mason, PT
		Dr. John R. Benner Medical Director
6-28-11	P.T.	P/K still claims to have pain in the heel. The heel
17:19		is still swollen. I am surprised that he has not
		decreased by now. R.D. Mason, PT
		Dr. John R. Benner Medical Director

**PHYSICAL EXAMINATION**

Exam Date: <u>6/13/11</u>		Exam Time: <u>1330</u>		Type of Examination: _____		Initial: _____		Other: _____	
Age: <u>41</u>		Sex: <u>M</u>		Height: <u>5'11"</u>		Weight: <u>183</u>		Pulse: <u>84</u>	
BP: <u>109/66</u>		Temp: <u>97°</u>		Parole Violator: _____		Health Appraisal: <u>✓</u>			
Next of Kin: <u>Kealtha Jeter - grandmother</u>						Phone Number: <u>215-382-1835</u>			
Address: <u>716 N. 37th St Phila, PA 19104</u>									
Allergies/Drug Sensitivities: <u>NKDA</u>									

Snellen Acuity Test	Both Eyes	Right Eye	Left Eye
Corrected	<u>20/10</u>	<u>20/13</u>	<u>20/13</u>
Non Corrected			

**Physical Examination**

	Normal	Abnormal	Abnormal Findings — Enter item number and describe in detail. Use reverse side if necessary
1. Head, Face, Neck, Scalp	<u>✓</u>		<u>deferred ↓ 45y0</u>  <u>↓ wt bearing ability on (L) LE</u> <u>(in PT for area currently)</u>
2. Noses/Sinuses	<u>✓</u>		
3. Mouth and Throat	<u>✓</u>		
4. Teeth	<u>✓</u>		
5. Ears	<u>✓</u>		
6. Eyes/Pupils	<u>✓</u>		
7. Fundoscopy	<u>✓</u>		
8. Lungs and Chest	<u>✓</u>		
9. Heart	<u>✓</u>		
10. Vascular System	<u>✓</u>		
11. Abdomen	<u>✓</u>		
12. Anus & Rectum	<u>✓</u>		
13. Prostate	<u>✓</u>		
14. Endocrine System	<u>✓</u>		
15. Genitalia	<u>✓</u>		
16. Extremities	<u>✓</u>		
17. Lymph Nodes	<u>✓</u>		
18. Feet	<u>✓</u>		
19. Musculoskeletal	<u>✓</u>		
20. Skin	<u>✓</u>		
21. Neurologic	<u>✓</u>		
22. Mental Status	<u>✓</u>		
23. Other			

Physical Examination  
Commonwealth of Pennsylvania  
Department of Corrections  
DC-440

Revised 3/03

Inmate Name: Matthew, Chaka  
Inmate Number: FA4298  
DOB: 9-05-70  
Facility: SCI SMR



## PHYSICAL EXAMINATION — CONTINUED

	Normal	Abnormal
24. Female Only		
a. Breast		
b. Vagina		
c. Cervix		
d. Uterus		
e. Adnexa		

Abnormal Findings — Enter item number and describe in detail.

Remarks (Recommendations or referrals, treatment plan, etc.)

Michelle Swanhart - CRNP  
 Examiner's Signature

6/13/11 1345  
 Date/Time

The Medical Clearance Form and Oleoresin Capsicum Form shall also be completed at the time of the Physical Exam.

## IST/MACS Physician's Order

(Initial and Complete Order)

**Medical Clearance Type:**

<input type="checkbox"/> Initial Classification	<b>If a physical exam is completed, please enter date in IST/MACS</b>	<input type="checkbox"/> Revision due to change in health status
<input type="checkbox"/> Annual Physical		<input type="checkbox"/> Boot Camp Clearance
<input checked="" type="checkbox"/> Biennial Physical		<input type="checkbox"/> Parole Violator, CCC Returns, Returned Escapees, ATA, HVA
<input type="checkbox"/> Triennial Physical		

**Employment Restrictions:**

<input type="checkbox"/> No Repeated Bending	<input type="checkbox"/> No Work Around Loud Noise
<input type="checkbox"/> No Work Requiring Safety Boots	<input type="checkbox"/> No Work Outdoors
<input type="checkbox"/> No Work w/ Complex Instructions	<input type="checkbox"/> No Pushing
<input type="checkbox"/> No Work w/ Depth Perception	<input type="checkbox"/> No Reaching Over Shoulders
<input type="checkbox"/> No Work Near Respiratory Irritants	<input type="checkbox"/> No High Risk of Injury
<input type="checkbox"/> No Exposure to Environmental Pollutants	<input type="checkbox"/> Sedentary Work Only
<input type="checkbox"/> No Contact Allergens – Comment Needed	<input type="checkbox"/> No Sitting
<input type="checkbox"/> No Food Service-Handle/Janitor	<input type="checkbox"/> No Squatting
<input type="checkbox"/> Four-Hour Work Restriction	<input type="checkbox"/> No Standing
<input type="checkbox"/> No Repetitive Use of Hands	<input type="checkbox"/> No Pulling
<input type="checkbox"/> No Humidity Extremes	<input type="checkbox"/> Limited Sitting
<input type="checkbox"/> No Intensive Labor	<input type="checkbox"/> No Lifting
<input type="checkbox"/> No Work Around Moving Machines	<input type="checkbox"/> No Work in Direct Sunlight
<input type="checkbox"/> No Work at Heights/Elevations	<input type="checkbox"/> No Temperature Extremes
<input type="checkbox"/> Modified Work Only	<input type="checkbox"/> No Work Needing Binocular Vis
<input type="checkbox"/> Injured: Not Work-Related	<input type="checkbox"/> No Prolonged Walking (Specify)
<input type="checkbox"/> Injured: Work-Related	<input type="checkbox"/> No Walking Wet/Uneven Surfaces
<input type="checkbox"/> Refused Physical	<input type="checkbox"/> No School
<input type="checkbox"/> No Work (Medically Unemployed)	

**Activity Restrictions:**

<input type="checkbox"/> Indoor Activities Only
<input type="checkbox"/> No Activities
<input type="checkbox"/> No Sports
<input type="checkbox"/> No Weightlifting
<input type="checkbox"/> No Yard
<input type="checkbox"/> Non-Contact Sports Only
<input type="checkbox"/> Passive Sports Only
<input type="checkbox"/> Weightlifting Limit (Specify)

**Transfer Mode Restrictions:**

<input type="checkbox"/> Ambulance
<input type="checkbox"/> Car
<input type="checkbox"/> Wheelchair Van

**Cleared for Quehanna Boot Camp:**

<input type="checkbox"/> Yes	Date:
<input type="checkbox"/> No	Date:

**Medical Housing:**

<input type="checkbox"/> 23 Hour Observation	<input type="checkbox"/> Isolation
<input type="checkbox"/> Air Conditioned	<input type="checkbox"/> Lower Bunk
<input type="checkbox"/> Behavior Management Unit	<input type="checkbox"/> Mental Health Unit
<input type="checkbox"/> Cell Block Only (No Dormitory)	<input type="checkbox"/> No Smoking
<input type="checkbox"/> Dialysis Care	<input type="checkbox"/> Personal Care
<input type="checkbox"/> Forensic Treatment Center	<input type="checkbox"/> Psychiatric Observation Cell
<input type="checkbox"/> General Housing Infirmary	<input type="checkbox"/> Special Assessment Unit
<input type="checkbox"/> General Pop. (Near Medical)	<input type="checkbox"/> Single Cell-Recommended
<input type="checkbox"/> Ground Level	<input type="checkbox"/> Skilled Care
<input type="checkbox"/> Handicap Cell	<input type="checkbox"/> Special Needs Unit
<input type="checkbox"/> Intermediate Care Unit	<input type="checkbox"/> Special Observation Unit
<input type="checkbox"/> Inpatient Infirmary	

Signature, date, & time required (see back of sheet).

Commonwealth of Pennsylvania  
Department of Corrections  
IST/MACS Physician's Order

Revised: 6/2005

Inmate Name:

Inmate Number:

DOB:

Facility:

Matthew, Chaka

AA4298

9-05-70

SCI-SOMERSET

*me*  
*6/15/11*  
*1413*

## IST/MACS Physician's Order (Initial and Complete Order)

### Assistive Devices:

<input type="checkbox"/>	Ace Bandage w/ Tape
<input type="checkbox"/>	Adaptive Eating Utensils
<input type="checkbox"/>	Air Mattress
<input type="checkbox"/>	Air Splint
<input type="checkbox"/>	Ankle Brace
<input type="checkbox"/>	Ankle Sleeve
<input type="checkbox"/>	Anti-Embolitic Nylons
<input type="checkbox"/>	Arch Supports
<input type="checkbox"/>	Basins
<input type="checkbox"/>	Bed Wedges
<input type="checkbox"/>	Bedside Commode
<input type="checkbox"/>	Braces
<input type="checkbox"/>	Cane
<input type="checkbox"/>	Cast Boots
<input type="checkbox"/>	Catheter Foley
<input type="checkbox"/>	Catheter Straight
<input type="checkbox"/>	Catheter Texas
<input type="checkbox"/>	Cervical Collars (Hard/Soft)
<input type="checkbox"/>	CPAP/BI PAP
<input type="checkbox"/>	Cock-up Splints
<input type="checkbox"/>	Crutches
<input type="checkbox"/>	Dentures
<input type="checkbox"/>	Egg Crate Mattress
<input type="checkbox"/>	Elastic Back/Ab Sup/Rib Belt
<input type="checkbox"/>	Elastic Exercise Bands
<input type="checkbox"/>	Elbow Sleeve
<input type="checkbox"/>	Electric Razor
<input type="checkbox"/>	Eye Patch
<input type="checkbox"/>	Finger Splint
<input type="checkbox"/>	Foley Leg Bag
<input type="checkbox"/>	Geri Chair
<input checked="" type="checkbox"/>	Glasses
<input type="checkbox"/>	Hand Exercisers
<input type="checkbox"/>	Hand Grippers
<input type="checkbox"/>	Hearing Aid
<input type="checkbox"/>	Heel Pads/Heel Lifts

<input type="checkbox"/>	Hernia Belt
<input type="checkbox"/>	Hot Water Bottle
<input type="checkbox"/>	Hoyer Lift
<input type="checkbox"/>	Humidifier
<input type="checkbox"/>	Ice Bag
<input type="checkbox"/>	Insoles
<input type="checkbox"/>	Knee Brace
<input type="checkbox"/>	Knee Sleeve
<input type="checkbox"/>	Lambs Wools Elbow Protectors
<input type="checkbox"/>	Long Handled Shoe Horn
<input type="checkbox"/>	Medical Alert Bracelet
<input type="checkbox"/>	Nebulizer
<input type="checkbox"/>	Orthopedic Shoes/Boots/Inserts
<input type="checkbox"/>	Oxygen Concentrator
<input type="checkbox"/>	Posey Restraints
<input type="checkbox"/>	Prosthesis
<input type="checkbox"/>	RHU Shoes
<input type="checkbox"/>	Safety Helmet
<input type="checkbox"/>	Sheepskin (For Bed)
<input type="checkbox"/>	Shower Chair/Shower Bed
<input type="checkbox"/>	Side Rails
<input type="checkbox"/>	Sitz Bath
<input type="checkbox"/>	Sling
<input type="checkbox"/>	Specimen Cups
<input type="checkbox"/>	Sunglasses
<input type="checkbox"/>	Transfer Board
<input type="checkbox"/>	Trapeze Bar
<input type="checkbox"/>	Truss
<input type="checkbox"/>	Urinal
<input type="checkbox"/>	Urine Strainer
<input type="checkbox"/>	Walker
<input type="checkbox"/>	Walker w/ Wheels
<input type="checkbox"/>	Wheelchair
<input type="checkbox"/>	Wheelchair Cushion
<input type="checkbox"/>	Wheelchair Custom

### Functional Limitations:

<input type="checkbox"/>	Cognitively Impaired
<input type="checkbox"/>	Hard of Hearing/Deaf
<input type="checkbox"/>	Language Barrier
<input type="checkbox"/>	Mobility Impaired

<input checked="" type="checkbox"/>	Speech Impaired
<input checked="" type="checkbox"/>	Vision Impaired
<input checked="" type="checkbox"/>	Wheelchair Confined

### Medical Assessment Classification:

<input checked="" type="checkbox"/>	M1 - Medically Stable
<input type="checkbox"/>	M2 - Chronic Illness
<input type="checkbox"/>	M3 - Personal Care
<input type="checkbox"/>	M4 - Skilled Care
<input type="checkbox"/>	M5 - Sub Acute (Infirmity)

**Michele Swanhart - CRNP**

Signature

Date/Time

6/13/11 1330

*noted  
amalgam Rx / Amalgam Rx  
6-14-11 1630*

## PHYSICIAN'S ORDER FORM

Drug Allergies:

NKDA

Inmate Name:

Matthew Chaka

Inmate Number:

FA 4298

DOB:

05-07-70

Institution:

SMK

Date/  
Military  
TimeDO NOT USE THIS SHEET  
UNLESS A RED NUMBER SHOWS

6/4/11

NP line 6/20/11 Done

1000

H. H. H.

Paul Dascani, MD

Paul Dascani, MD  
6-1-11 1400

26/1/11 never pulled

S. Krepelka LPN

07-06-11

1. Air Cast left Foot until 07-20-11 - Given

1118

2. Mobic 15mg T tid po daily until 10-06-11.

FX

3. NP line 07-20-11. to recheck

Dr. John R. Benner  
Medical Director7/6/11  
1418

7/6/11 1200 S. Krepelka LPN

S. Krepelka LPN Danielle Glottelty, PA-C

PLEASE USE BALL POINT PEN ONLY

EB ✓

## HEALTH CARE ITEM RECEIPT

On this date 07-06-11, I received the following item(s) from the Health Care

Services Department:

Item	Temporary	Permanent	Stop/Review Date
1. <u>Arm Cast</u>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<u>07-20-11</u>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	

Comments: \_\_\_\_\_

I, Matthew, Chaka, have received/returned the above named items.  
(circle one)

Chaka Matthews  
Inmate Signature

7-6-2011  
Date

[Signature]  
Issuing Staff Member's Signature

07-06-11 1110  
Date/Time

## RETURNED ITEMS:

All items must be intact upon return.

☐ Issued Item was returned/discontinued on \_\_\_\_\_ and all pieces were / were not intact.  
(circle one) (date)

☐ Issued Item was returned on \_\_\_\_\_ for repair.  
(date)

Receiving Staff Member's Signature

[Signature]  
Date/Time

Original – Medical Records

Yellow – Unit Manager

Pink – Inmate

Health Care Item Receipt  
Commonwealth of Pennsylvania  
Department of Corrections  
DC-443

1/01

Inmate Name: Matthew, Chaka  
Inmate Number: FA 4298  
DOB: 05-07-70  
Facility: SMR

# **IST/MACS Physician's Order** (Initial and Complete Order)

**Medical Clearance Type:**

<input type="checkbox"/> Initial Classification	<b>If a physical exam is completed, please enter date in IST/MACS</b>	<input checked="" type="checkbox"/> Revision due to change in health status
<input type="checkbox"/> Annual Physical		<input type="checkbox"/> Boot Camp Clearance
<input type="checkbox"/> Biennial Physical		<input type="checkbox"/> Parole Violator, CCC Returns, Returned Escapees, ATA, HVA
<input type="checkbox"/> Triennial Physical		

**Employment Restrictions:**

<input type="checkbox"/> No Repeated Bending	<input type="checkbox"/> No Work Around Loud Noise
<input type="checkbox"/> No Work Requiring Safety Boots	<input type="checkbox"/> No Work Outdoors
<input type="checkbox"/> No Work w/ Complex Instructions	<input type="checkbox"/> No Pushing
<input type="checkbox"/> No Work w/ Depth Perception	<input type="checkbox"/> No Reaching Over Shoulders
<input type="checkbox"/> No Work Near Respiratory Irritants	<input type="checkbox"/> No High Risk of Injury
<input type="checkbox"/> No Exposure to Environmental Pollutants	<input type="checkbox"/> Sedentary Work Only
<input type="checkbox"/> No Contact Allergens – Comment Needed	<input type="checkbox"/> No Sitting
<input type="checkbox"/> No Food Service-Handle/Janitor	<input type="checkbox"/> No Squatting
<input type="checkbox"/> Four-Hour Work Restriction	<input type="checkbox"/> No Standing
<input type="checkbox"/> No Repetitive Use of Hands	<input type="checkbox"/> No Pulling
<input type="checkbox"/> No Humidity Extremes	<input type="checkbox"/> Limited Sitting
<input type="checkbox"/> No Intensive Labor	<input type="checkbox"/> No Lifting
<input type="checkbox"/> No Work Around Moving Machines	<input type="checkbox"/> No Work in Direct Sunlight
<input type="checkbox"/> No Work at Heights/Elevations	<input type="checkbox"/> No Temperature Extremes
<input type="checkbox"/> Modified Work Only	<input type="checkbox"/> No Work Needing Binocular Vis
<input type="checkbox"/> Injured: Not Work-Related	<input type="checkbox"/> No Prolonged Walking (Specify)
<input type="checkbox"/> Injured: Work-Related	<input checked="" type="checkbox"/> No Walking Wet/Uneven Surfaces
<input type="checkbox"/> Refused Physical	<input type="checkbox"/> No School
<input type="checkbox"/> No Work (Medically Unemployed)	

**Activity Restrictions:**

<input checked="" type="checkbox"/> Indoor Activities Only
<input checked="" type="checkbox"/> No Activities
<input checked="" type="checkbox"/> No Sports
<input checked="" type="checkbox"/> No Weightlifting
<input checked="" type="checkbox"/> No Yard
<input type="checkbox"/> Non-Contact Sports Only
<input type="checkbox"/> Passive Sports Only
<input type="checkbox"/> Weightlifting Limit (Specify)

**Transfer Mode Restrictions:**

<input type="checkbox"/> Ambulance
<input type="checkbox"/> Car
<input type="checkbox"/> Wheelchair Van

**Cleared for Quehanna Boot Camp:**

<input type="checkbox"/> Yes	Date:
<input type="checkbox"/> No	Date:

**Medical Housing:**

<input type="checkbox"/> 23 Hour Observation
<input type="checkbox"/> Air Conditioned
<input type="checkbox"/> Behavior Management Unit
<input type="checkbox"/> Cell Block Only (No Dormitory)
<input type="checkbox"/> Dialysis Care
<input type="checkbox"/> Forensic Treatment Center
<input type="checkbox"/> General Housing Infirmary
<input type="checkbox"/> General Pop. (Near Medical)
<input type="checkbox"/> Ground Level
<input type="checkbox"/> Handicap Cell
<input type="checkbox"/> Intermediate Care Unit
<input type="checkbox"/> Inpatient Infirmary

<input type="checkbox"/> Isolation
<input type="checkbox"/> Lower Bunk
<input type="checkbox"/> Mental Health Unit
<input type="checkbox"/> No Smoking
<input type="checkbox"/> Personal Care
<input type="checkbox"/> Psychiatric Observation Cell
<input type="checkbox"/> Special Assessment Unit
<input type="checkbox"/> Single Cell-Recommended
<input type="checkbox"/> Skilled Care
<input type="checkbox"/> Special Needs Unit
<input type="checkbox"/> Special Observation Unit

**Signature, date, & time required (see back of sheet).**

Commonwealth of Pennsylvania  
Department of Corrections  
IST/MACS Physician's Order

Inmate Name:

Matthew Chaka

Inmate Number:

FA 4298

DOB:

05-07-70

Facility:

SCI-SOMERSET

Revised: 6/2005

1106  
1520  
7/6/11



# **IST/MACS Physician's Order** (Initial and Complete Order)

## **Assistive Devices:**

<input type="checkbox"/>	Ace Bandage w/ Tape
<input type="checkbox"/>	Adaptive Eating Utensils
<input type="checkbox"/>	Air Mattress
<input checked="" type="checkbox"/>	Air Splint / Cast Left Foot
<input type="checkbox"/>	Ankle Brace
<input type="checkbox"/>	Ankle Sleeve
<input type="checkbox"/>	Anti-Embolitic Nylons
<input type="checkbox"/>	Arch Supports
<input type="checkbox"/>	Basins
<input type="checkbox"/>	Bed Wedges
<input type="checkbox"/>	Bedside Commode
<input type="checkbox"/>	Braces
<input type="checkbox"/>	Cane
<input type="checkbox"/>	Cast Boots
<input type="checkbox"/>	Catheter Foley
<input type="checkbox"/>	Catheter Straight
<input type="checkbox"/>	Catheter Texas
<input type="checkbox"/>	Cervical Collars (Hard/Soft)
<input type="checkbox"/>	CPAP/BI PAP
<input type="checkbox"/>	Cock-up Splints
<input type="checkbox"/>	Crutches
<input type="checkbox"/>	Dentures
<input type="checkbox"/>	Egg Crate Mattress
<input type="checkbox"/>	Elastic Back/Ab Sup/Rib Belt
<input type="checkbox"/>	Elastic Exercise Bands
<input type="checkbox"/>	Elbow Sleeve
<input type="checkbox"/>	Electric Razor
<input type="checkbox"/>	Eye Patch
<input type="checkbox"/>	Finger Splint
<input type="checkbox"/>	Foley Leg Bag
<input checked="" type="checkbox"/>	Geri Chair
<input checked="" type="checkbox"/>	Glasses
<input type="checkbox"/>	Hand Exercisers
<input type="checkbox"/>	Hand Grippers
<input type="checkbox"/>	Hearing Aid
<input type="checkbox"/>	Heel Pads/Heel Lifts

<input type="checkbox"/>	Hernia Belt
<input type="checkbox"/>	Hot Water Bottle
<input type="checkbox"/>	Hoyer Lift
<input type="checkbox"/>	Humidifier
<input type="checkbox"/>	Ice Bag
<input type="checkbox"/>	Insoles
<input type="checkbox"/>	Knee Brace
<input type="checkbox"/>	Knee Sleeve
<input type="checkbox"/>	Lambs Wools Elbow Protectors
<input type="checkbox"/>	Long Handled Shoe Horn
<input type="checkbox"/>	Medical Alert Bracelet
<input type="checkbox"/>	Nebulizer
<input type="checkbox"/>	Orthopedic Shoes/Boots/Inserts
<input type="checkbox"/>	Oxygen Concentrator
<input type="checkbox"/>	Posey Restraints
<input type="checkbox"/>	Prosthesis
<input type="checkbox"/>	RHU Shoes
<input type="checkbox"/>	Safety Helmet
<input type="checkbox"/>	Sheepskin (For Bed)
<input type="checkbox"/>	Shower Chair/Shower Bed
<input type="checkbox"/>	Side Rails
<input type="checkbox"/>	Sitz Bath
<input type="checkbox"/>	Sling
<input type="checkbox"/>	Specimen Cups
<input type="checkbox"/>	Sunglasses
<input type="checkbox"/>	Transfer Board
<input type="checkbox"/>	Trapeze Bar
<input type="checkbox"/>	Truss
<input type="checkbox"/>	Urinal
<input type="checkbox"/>	Urine Strainer
<input type="checkbox"/>	Walker
<input type="checkbox"/>	Walker w/ Wheels
<input type="checkbox"/>	Wheelchair
<input type="checkbox"/>	Wheelchair Cushion
<input type="checkbox"/>	Wheelchair Custom

## **Functional Limitations:** *None*

<input type="checkbox"/>	Cognitively Impaired
<input type="checkbox"/>	Hard of Hearing/Deaf
<input type="checkbox"/>	Language Barrier
<input type="checkbox"/>	Mobility Impaired

<input type="checkbox"/>	Speech Impaired
<input type="checkbox"/>	Vision Impaired
<input type="checkbox"/>	Wheelchair Confined

## **Medical Assessment Classification:**

<input checked="" type="checkbox"/>	M1 – Medically Stable
<input type="checkbox"/>	M2 – Chronic Illness
<input type="checkbox"/>	M3 – Personal Care
<input type="checkbox"/>	M4 – Skilled Care
<input type="checkbox"/>	M5 – Sub Acute (Infirmary)

Signature

*Danielle Glottelty*

Date/Time  
7/6/11 1415  
0706-111121  
Dr. John R. Bomer  
Medical Director

**S. Krepelka LPN**

# **PROGRESS NOTES**

Date/ Time	Discipline Abbreviation	Remarks Subjective, Objective, Assessment, Plan
070671 11:13	PMR	<p>S: CC- Still has left heel pain since March and Swelling. Has had antibiotics? Steroids. Rest. States he has not been running. Has been noted in chart - walking briskly on Walk. Is undergoing US PT currently.</p> <p>O: Left heel @ edema tenderness over Achilles insertion site on heel. Tendon intact. A: Achilles tendinitis - refractory to current tx. ? Pt Compliance as well. P: Will immobilize in Air Cast and use Anti-inflam finish therapy. Recheck 07-20-11. If no Relief ? Doctor line for possible ortho consult/telemed. IST/MAC changed also.</p> <p style="text-align: right;">Danielle Clotfelter, PA-C</p>
7-8-11 14:10	P.T.	<p>Pt now is using a walking boot to replace motion of cast. Swelling appears &amp; is Pt still go pain. R 45</p> <p style="text-align: right;">R. D. Mason, PT</p> <p style="text-align: right;">7/10/11</p> <p style="text-align: right;">Dr. John R. Benner Medical Director</p>

Progress Notes  
Commonwealth of Pennsylvania  
Department of Corrections  
DC-472

Revised 3/2007

Name: Matthew, Chaka  
Number: FA 4298  
DOB: 05-07-70  
Facility: SMP

## PHYSICIAN'S ORDER FORM

Drug Allergies: NKDA

Inmate Name:

Matthew, Chaka

Inmate Number:

FA 4298

DOB:

5-7-70

Institution:

SMR

Date/ Military Time	DO NOT USE THIS SHEET UNLESS A RED NUMBER SHOWS
7/20/11 0920	crutches x 6 wks <sup>8/21</sup> cast exchange 8-10-11 (done)
7/20/11 1300	<i>[Signature]</i> Michele Swanhart - CRNP <i>[Signature]</i> S. Krepelka LPN
7/26/11 0900	cast shoe x 6 wks <i>[Signature]</i> Michele Swanhart - CRNP called 7-26-11 1130 E Necessure
7-31-11 1435	Send to Somerset ER via ambulance T.O. De Thomas / (Jekesen) (Takesa) <i>[Signature]</i> Dr. John R. Benner Medical Director 8/2/11 0845
7/31/11 1900	May return to block Follow up with PA in am Markin 400mg q 6 hr for pain (given 3 times until am.) Verbal order Dr. Thomas / Denise McIntosh <i>[Signature]</i> Dr. John R. Benner Medical Director
7/31/11 1915	<i>[Signature]</i> Denise McIntosh

PLEASE USE BALL POINT PEN ONLY

## Musculoskeletal Pain

## Nursing Evaluation Tool

Date of Report: 7 13 11Military Time Seen: 1410**Subjective:** Chief Complaint: "I fell down the steps"

History of Present Illness: \_\_\_\_\_

Pain Assessment: Onset: \_\_\_\_\_ Location: Neck/Back Radiation: \_\_\_\_\_ Intensity(0-10): \_\_\_\_\_  
 Numbness/Tingling: Bilat knees/feet Associated Sx: myelocystic  
 Pain Aggravated By: legged rolled onto back Pain Relieved By: Lying still

Significant Medical History:

Y	N	Comment	Y	N	Comment
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Arthritis	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Sickle Cell Anemia
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Old Trauma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Autoimmune Disease
<input type="checkbox"/>	<input type="checkbox"/>	Recent Trauma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Other:

**Objective:** Vital Signs: T: \_\_\_\_\_ P: BB RR: 16 B/P: 108/80

Inspection: Acute distress: ☒ Edema: \_\_\_\_\_ Skin color(Pallor/erythema/eccymoses): \_\_\_\_\_  
 Gait: \_\_\_\_\_ Posture: \_\_\_\_\_ Paralysis: \_\_\_\_\_ Range of motion: \_\_\_\_\_  
 Deformity: \_\_\_\_\_ Other: \_\_\_\_\_  
 Palpation: Crepitus: \_\_\_\_\_ Skin temperature: W/D Peripheral Pulses: \_\_\_\_\_ Capillary Refill: \_\_\_\_\_  
 Muscle Strength: \_\_\_\_\_ Sensation: \_\_\_\_\_  
 Reflexes: \_\_\_\_\_ Other: \_\_\_\_\_

Additional Examination:

(Continue on back if necessary)

Fell down entire length of stairs on EB  
Upon entrance to unit I'm lying @ bottom of steps →☐ Check Here if continued on back**Assessment:**

Preliminary Determination(s): \_\_\_\_\_

☒ **Referral Required** due to the following: (Check all that apply)

<input type="checkbox"/> Abnormal Vital Signs	<input type="checkbox"/> Deformity	<input type="checkbox"/> Pulselessness in extremity	<input type="checkbox"/> Paresthesia
<input type="checkbox"/> Pallor	<input type="checkbox"/> Paralysis	<input type="checkbox"/> Recurrent Complaint (twice in 72 hours)	<input type="checkbox"/> Severe Pain
Other: <u>Numbness/burning pain Bilat knees + feet bilat toes</u>			

NOTE: You should contact a physician, physician extender or nursing supervisor if you have any questions about the patient's status.

Referral: Whom/Where: \_\_\_\_\_

Date for referral: \_\_\_\_\_

Referral Type: ☐ Routine ☐ Urgent ☒ Emergent (If emergent who was contacted?): To Somerset Hospital ER☐ **Referral Not Required** (Explain): \_\_\_\_\_**Plan:**

Treatment: ☐ Rest ☐ Ice (1\* 24 hours) ☒ Immobilization/Splint ☐ Compression/Ace Wrap ☐ Encourage Elevation ☐ Crutches ☐ Sling  
 OTC Medications Given: ☐ NO ☐ YES (If Yes, list): \_\_\_\_\_ Other: \_\_\_\_\_

Activity Restriction: Neck collar/backboard

**Education:** The patient demonstrates an understanding of their medical condition, signs and symptoms for which they should seek additional medical attention (Numbness, tingling, decreased function, worsening pain despite analgesic, fever) and appropriate follow-up: ☐ YES ☐ NO

**Disposition:** ☐ Return to Block ☐ RHU ☐ Infirmary ☐ Return to Work ☒ Community Hospital ☐ Lay In: \_\_\_\_\_ Other: \_\_\_\_\_

x

Nurses Signature

Name:

Printed

Nursing Evaluation Tool: Musculoskeletal Pain  
 Commonwealth of Pennsylvania  
 Department of Corrections  
 DC-  
 Revised 11/13/2008

Inmate Name:

Inmate Number:

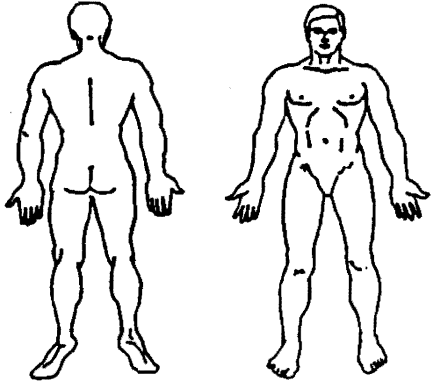
Facility:

Matthew, Chaka  
FA 4598  
9-5-70

DOB:

- head lying on crutch on 1<sup>st</sup> step. I am able to move bilat arms w difficulty. No numbness of ring finger of right hand. No burning pain of right + left knee + toes of bilat feet. Also no pain of neck + lower back. Able to feel touch of bilat + extremities.



<b>MEDICAL INCIDENT/INJURY REPORT</b>					
<b>PERSON INVOLVED</b> (Last Name) <u>Matthew</u> (First Name) <u>Chaka</u> (Middle Initial)			Reported to Dispensary Date: <u>7/31/11</u> AM Time: <u>1410</u> PM		
Male: <input type="checkbox"/> Female: <input type="checkbox"/> Age: _____					
Date of Incident		Time of Incident <input type="checkbox"/> A.M. <input checked="" type="checkbox"/> P.M. <u>1340</u>		Exact Location of Incident <u>Stair on EB</u>	
INMATE <input checked="" type="checkbox"/>		Facility No. <u>FA4298</u> Housing Unit <u>EB</u>		Work Related Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
SUPERVISOR: _____					
EMPLOYEE <input type="checkbox"/>		Department		Job Title	
VISITOR <input type="checkbox"/>		Home Address			Home Phone
OTHER <input type="checkbox"/>		Occupation		Reason for Presence at this Facility	
Property Involved: <input type="checkbox"/> Equipment Involved: <input type="checkbox"/> Describe: _____					Was person authorized to be at location of incident: <input type="checkbox"/> Yes <input type="checkbox"/> No
Describe exactly What Happened. Why it happened. Action Taken. If an Injury, State Part of Body Injured. If Property or Equipment Damaged, Describe Damage. 1. Description of Illness/Injury					
<u>I'm fell down stairs on EB unit. Upon arrival to unit I'm lying in supine position &amp; head elevated on crutch on 1st step A+OX3. No LOC</u> (Continue On Reverse) →					
Was Physician Notified? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No			Was Family Notified? Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>		
Was Person Involved Seen by a Physician? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		Date <u>7/31/11</u> Time _____ A.M. _____ P.M.		Where _____ Physician's Name _____	
Was Person Involved Taken To A Hospital? Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>		Date <u>7/31/11</u> Time _____ A.M. _____ P.M.		Where <u>Somerset</u> By Whom <u>Ambulance</u>	
2. Initial Impression Illness/Injury			Indicate on Diagram Location of Injury		
<u>Complaining neck &amp; back pain. Complaining burning pain of bilat knees. Numbness of toes bilat feet</u>			TYPE OF INJURY 1. Laceration <input type="checkbox"/> 2. Hematoma <input type="checkbox"/> 3. Abrasion <input type="checkbox"/> 4. Burn <input type="checkbox"/> 5. Non Apparent <input type="checkbox"/> 6. Other <input type="checkbox"/> Specify _____		
					
3. Treatment Rendered: <u>P-88 R-16 B/P 128/80. A+OX3. Neck collar applied placed on back board.</u>					
Follow-Up <u>To Somerset Hospital - evaluation</u>					
Date of Report <u>7/31/11</u>		Signature & Title of Person Preparing Report <u>[Signature]</u>			Reviewing Authority <u>[Signature]</u>